

5th Annual Annunciation BVM Turkey Trot (5K Run and Family Fun Walk)

Come run or walk with us for the 5th Annual Annunciation BVM 5K run and Family Fun Walk!

On the Family Fun Walk (1.2 miles) you will travel through the streets of Havertown, while the longer 5K run will take you along the scenic Karakung Drive.

We will also have special appearances from both the "Jogging Turkey" and Santa Claus.

Proceeds for this event will be used to fund upgrades in technology and other related tools for both the students at Annunciation School and the parish PREP classes.

Annunciation BVM School

Since its founding in 1927, Annunciation BVM School has been providing a challenging academic program that is committed to the education of the whole child. This commitment is rooted in a tradition characterized by family values, parental involvement and service opportunities.

Annunciation BVM is a welcoming place where faculty, children and parents come to grow and learn. Come visit us at www.abvmhavertown.com

5th Annual Annunciation BVM Turkey Trot

Date: Saturday, November 26, 2011

Times: Registration: 8:00 a.m.
5K Race: 9:00 a.m.
Family Fun Walk: 9:05 a.m.

Location: Annunciation BVM
401 Brookline Boulevard
Havertown, PA 19083

Costs:

- Per Person: \$20 (\$25 after 11/20/2011)
- Family Rate: \$55 (\$60 after 11/20/2011) - limit 5
- 14 and Under: \$15

Awards: Runners (female and male):

Overall top three. Top three in age groups: 10 & under; 11-18; 19-29; 30-39, 40-49; 50-59; 60 & over

Team Competition: Top 3 teams based on the average of the top 5 times (male or female).

Amenities

T-shirts available for pre-registered runners/walker and the first 100 race day entrants. Bathrooms and water stations are available. Post-race refreshments include light snacks and hot/cold beverages.

Timing

Run the Day Race Management provides timing services using a computerized system. Marshals will be strategically located along the course.

Register online at:
abvmhavertown.com/5k.asp

Or use attached form and send checks payable to:
Annunciation BVM
c/o Kathy Donaher
809 Valley Road
Havertown, PA 19083

Questions? Call Bob or Kathy Donaher (610) 446-6790

Form needs to be completed for EACH runner and Family Fun walker.

Name: _____
Address: _____
City: _____
State, Zip: _____
Phone: _____
E-mail: _____
Team Name: _____

Race Day Age: _____

Gender: ___ M ___ F

T-SHIRT SIZE:

YM S M L XL

Event/Cost

_____ 5K Run

_____ Family Fun Walk

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- Family Rate: \$55 (\$60 after 11/20/2011) – limit 5
- 14 and Under: \$15

_____ Amount enclosed

_____ Additional tax-deductible contribution

_____ I'd like to volunteer instead

Annunciation BVM is a charitable 501(c)(3) organization

**** Must sign WAIVER on reverse side****

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WAIVER: Entrants must complete and sign
I understand that running races are potentially hazardous activities. I agree to abide by any decision of the race official about my ability to safely complete the run. I assume all risks with running this race, including but not limited to falls, contact with other participants, the effects of the weather, conditions of the trail or road and traffic on the course, all such risks being known and unknown. Having read this waiver and knowing these facts and in consideration of accepting this entry, I the undersigned, intending to be legally bound, hereby, or myself, their heirs, executors, and administrators waive and release any and all rights and claims for losses and damages I may have against Annunciation BVM, Archdiocese of Philadelphia, Haverford Township, Delaware County, Run the Day Race Management, organizers, sponsors, officials, contributors, volunteers and beneficiaries and all other parties and their representatives, successors, and assigns for any and all injuries suffered by me in this said event. I attest that I am medically able and properly trained to participate in this event. I also give permission for free use of my name and photograph in any broadcast, telecast or other accounts of the event.

Signature _____

Signature Date _____

(Parent/Guardian signature required if runner is under 18.)

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Date: Saturday,
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Time: 9:00 a.m.
Rain or Shine

Location:
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401 Brookline Boulevard
Havertown, PA 19083